

2023

JANUARY

Sycamore Elementary School

Lunch Menu

CONEJO VALLEY UNIFIED SCHOOL DISTRICT

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Chicken Patty Sandwich @\$^+ Homemade Grilled Cheese \$^+@ Ch Chip Cookie ^+\$\$%@ Veggies Seasonal Fresh Fruit	4 Cheeseburger Sliders ^+\$\$#@# PB&J Sandwich ^+!! Veggies Seasonal Fresh Fruit Chips	5 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Veggies D&J Cookie\$^+@ Seasonal Fresh Fruit	6 Turkey Hot Dog ^+ Homemade Grilled Cheese \$^+@ Veggies Animal Crackers ^+ Seasonal Fresh Fruit
9 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Veggies Chips Seasonal Fresh Fruit	10 Chicken Nuggets \$^+@ Homemade Grilled Cheese \$^+@ Chocolate Chip Cookie ^+\$\$%@ Veggies Seasonal Fresh Fruit	11 Beef & Cheese Chimichanga ^+\$\$#@ PB&J Sandwich ^+!! Chips Veggies Seasonal Fresh Fruit	12 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Veggies Chips Seasonal Fresh Fruit	13 Popcorn Chicken w/Tots \$*^+ Homemade Grilled Cheese \$^+@ Veggies D&J Cookie\$^+@ Seasonal Fresh Fruit
16 NO SCHOOL	17 Popcorn Chicken \$*^+ Homemade Grilled Cheese \$^+@ Chips Veggies Seasonal Fresh Fruit	18 Hamburger ^+\$\$# Bean & Cheese Burrito \$^+@ Veggies Seasonal Fresh Fruit Ch Chip Cookie ^+\$\$%@	19 DOMINO'S Pizza^+\$\$*@ PB&J Sandwich ^+!! Veggies Seasonal Fresh Fruit	20 Chicken Nuggets \$^+@ Homemade Grilled Cheese \$^+@ Veggies D&J Cookie\$^+@ Seasonal Fresh Fruit
23 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Chips Veggies Seasonal Fresh Fruit	24 Popcorn Chicken \$*^+ Homemade Grilled Cheese \$^+@ Chips Veggies Seasonal Fresh Fruit	25 Hamburger ^+\$\$# PB&J Sandwich ^+!! Veggies Seasonal Fresh Fruit Ch Chip Cookie ^+\$\$%@	26 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Veggies D&J Cookie\$^+@ Seasonal Fresh Fruit	27 Hamburger ^+\$\$ Homemade Grilled Cheese \$^+@ Veggies Chips Seasonal Fresh Fruit
30 DOMINO'S Pizza^+\$\$*@ Bean & Cheese Burrito \$^+@ Chips Veggies Seasonal Fresh Fruit	31 Chicken Patty Sandwich @\$^+ Homemade Grilled Cheese \$^+@ Ch Chip Cookie ^+\$\$%@ Veggies Seasonal Fresh Fruit	MENU SUBJECT TO CHANGE		

**All lunches
Are served with
Fruit & Veggies
& Choice of
Milk**

**Milk \$1.00
Water \$1.00
Juice \$1.00**

Peanuts!!
Pork* Beef#
Whey= Soy\$
Corn> Wheat+
Milk@ Gluten^
Eggs% Fish

Aspen, Lang Ranch & Westlake Hills
Elementary schools are peanut free schools-
PB&J will always be replaced by peanut free
sandwich (Sunbutter or Soybutter)

Manage your student's lunch
account with
PayPal through Q parent connect
Or for more information visit our
website at
[www.conejousd.org/business/
ChildNutrition](http://www.conejousd.org/business/ChildNutrition)

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